

CONFERENCE SCHEDULE

Thursday, September 18, 2025

Intended Audience: Licensed health care workers who take care of gastrointestinal patients.

- 7:30am **Login to Event**
- 7:55 **Welcome**
- 8:00 **Hirschsprung’s Disease**
Sussette Szachowicz, MD, Clinical Assistant Professor
- 8:45 **Treating Inflammatory Bowel Disease: A Medication Review**
Ashlyn Johnson, PharmD, BCPS, Pharmacy Specialist;
Amanda Johnston, PharmD, BCACP, Pharmacy Specialist
- 9:35 **Break**
- 9:45 **Fecal Microbiota Transplantation in Gastrointestinal (GI)**
Divya Ashat, MBBS, Clinical Assistant Professor
- 10:30 **Management and Prevention of Esophageal Varices: A Comprehensive Approach**
Ruchi Sharma , MBBS, MS, MRCS, Fellow Physician
- 11:25 **Ultra Processed Foods and Their Health Implications**
Lori D. Winborn, MPH, RDN, LD, Dietitian
- 11:50 **Lunch Break**
- 12:30 **A.B.C.D.E.R.C.P. (Endoscopic Retrograde Pancreatography)—The Fundamentals**
Nanette Brokaw, MSN, ARNP, RN, FNP-BC, Nurse Practitioner
- 1:20 **Surgical Management of Clostridioides Difficile**
Kristina Guyton, MD, Clinical Assistant Professor
- 2:10 **Break**
- 2:20 **Understanding Ostomies: Creation, Basic Care and Supplies**
Melissa Barnes-Channon, MSN, RN, CWON, Nurse Clinician
- 3:00 **The Disease and Life with an Ostomy from a Patient’s Perspective**
Hannah Hayes, BSN, RN, ONC, Nurse Clinician
- 3:35 **Review of Genetic Predisposition to GI Neoplasia**
Avraham Levin, MD, MSc, Clinical Associate Professor
- 4:15 **Program Wrap Up & Evaluation**

Schedule and speakers are subject to change. Faculty are staff of UI Health Care and/or University of Iowa Colleges unless otherwise indicated.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee. The UI Health Care Department of Nursing’s continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPJ-BC, FAAN.



University of Iowa Health Care
Department of Nursing
200 Hawkins Drive
Iowa City, IA 52242-1009

CE Nursing Continuing Education
Gastroenterology Nursing Conference

SEPTEMBER 18, 2025
ZOOM VIRTUAL CONFERENCE



CE NURSING CONTINUING EDUCATION

The purpose of this one-day conference is to optimize the care of the gastrointestinal patient by providing attendees with advanced knowledge and new innovative care that could impact gastrointestinal nursing staff and patients.

Gastroenterology Nursing
Conference 2025

SEPTEMBER 18, 2025

7:55 AM—4:15 PM (CST)
ZOOM VIRTUAL CONFERENCE

Sponsored by:
Department of Nursing Services and Patient Care IBN
Approved Provider #34



Changing Medicine.
Changing Lives.®

GENERAL INFORMATION

Nursing Credit:

7.25 contact hours will be granted by University of Iowa Health Care Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

Educational Objectives:

Upon completion of this program, learner should be able to:

- Define Hirschsprung disease and explain underlying pathophysiology, identify the clinical features and common presentations in neonates, infants, and older children. Discuss the diagnostic approach, including imaging and biopsy techniques.
- Review treatment options and clinical pearls for moderate to severe inflammatory bowel disease.
- Review the current state of fecal microbiota transplantation development and applications in gastrointestinal conditions.
- Discuss an overview of management of esophageal varices.
- Identify at least two ingredients commonly found in ultra processed foods.
- List two indications for endoscopic retrograde cholangiopancreatography.
- Discuss the timing of surgical intervention for clostridioides difficile.
- Identify common ostomy supplies and their functions in maintaining peristomal skin health and pouch adherence.
- Identify benefits and challenges of living with an ostomy.
- Improve understanding of gastrointestinal genetic diseases.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, [Office of Civil Rights Compliance](#), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

REGISTRATION

General Information:

- Preregistration is required by 9/9/2025
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

Registration Link: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=74018>

If the registration link is not working, go to:

- <https://uiowa.cloud-cme.com/>
- Click **Nursing CE**
- Click **Register** next to the conference listing



You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

Registration Fee:

\$50 (Add \$15 after 9/2/2025)

Registration closes on 9/9/2025.

Refund: Full (minus \$10 cancellation fee) if notification received on or before 9/9/2025.

The registration fee covers advertising, CE recording, and registration administrative costs. The Zoom link and any additional conference details will be provided the week prior to the conference.

Disclosure Policy: Everyone in a position to control the content of this educational activity will disclose to the CE provider and to attendees all relevant financial relationships with any commercial interest. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

FACULTY

University of Iowa Health Care and UI Carver College of Medicine

Sussette Szachowicz, MD, Clinical Assistant Professor

Ashlyn Johnson, PharmD, BCPS, Pharmacy Specialist

Amanda Johnston, PharmD, BCACP, Pharmacy Specialist

Divya Ashat, MD, Clinical Assistant Professor

Ruchi Sharma, MBBS, MS, MRCS, Fellow Physician

Lori D. Winborn, MPH, RDN, LD, Dietitian

Nanette Brokaw, MSN, ARNP, RN, FNP-BC, Nurse Practitioner

Kristina Guyton, MD, Clinical Assistant Professor

Melissa Barnes-Channon, MSN, RN, CWON, Nurse Clinician

Hannah Hayes, BSN, RN, ONC, Nurse Clinician

Avraham Levin, MD, MSc, Clinical Associate Professor

Planning Committee

Tina Baltes, MBA, RN, CMSRN; Carrie Swanson, BSN, RN, CGRN; Diane Madsen, BSN, RN; Stacy Steffens, MSN, RN; Katie McClure, RN; Katie Sinwelski, BSN, RN, CGRN; Laura DeRuiter, BSN, RN; Nicole Whalen, BSN, RN; Geri Quinn, MSN, RN, OCN

INFORMATION & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.
uihc.org/nursing-continuing-education-schedule

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at nursingcontinuinged@uiowa.edu or at **319-356-1238**.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.